

WESTMINSTER CANTERBURY WEEKLY SUMMARY-FEBRUARY 17, 2022-3 P.M.

John Burns

COVID-19 Updates

Henrico County remains at a high level of community transmission of COVID-19 with a current positivity rate of 14.53%. Thankfully, the numbers of cases, hospitalizations and deaths in our region are all declining.

Seven employees who tested positive for COVID-19 are recovering in quarantine. They work in Assisted Living, Clinic, Dining, Finance and Parsons Health Center. There are no known cases in Independent Living. Last week, one Parsons Health Center resident tested positive, and as of tomorrow, this individual will be considered recovered. One Assisted Living resident tested positive today after exposure off campus.

Masks are always recommended for residents, especially in common spaces. They will not be required in areas such as hallways and lobbies. Certain activities that residents choose to participate in, such as the Sara Belle November Theater, Pastoral Care and other small group activities will have mask wearing and social distancing requirements. Masks are required for employees, visitors and others in all common areas. Everyone who enters Mary Morton Parsons Health Center, Assisted Living, Rehab, the Clinic and the Child Development Center is required to always wear a mask.

Dentist

Dr. Jennifer Staas will be providing dental services in our Clinic. Many residents have signed up for appointments when they become available. Due to scheduling and finalizing the renovation in the dental suite, we expect that Dr. Staas will begin seeing patients in mid-March. She will begin calling residents to schedule appointments next week. Thank you for your patience. Dr. Staas is eager to get started. If you would like to join the list, please call Laurie Youndt at 264-6647.

Vibrancy! and Construction Updates

The final precast panel of the Parking Deck was placed last Friday. The large construction crane was removed earlier this week. Work will continue on the electrical, plumbing, elevator and landscape elements. The Parking Deck is expected to be completed in April.

In January we shared about plans for relocating the Tower Resident Garden Plots from their temporary location on the Ellipse to new plots located near Westbrook Avenue. The plan has been in review with the city, and we originally expected a response in February. The response has been delayed, so we now expect final approval from city council in late March.

Melissa Markey

Aquatic Center

The pool is temporarily closed due to a water heater malfunction. Once replacements parts are received and installed, pool users will be notified of its reopening.

In January, we announced that the pool would be permanently closing on February 28 for the upcoming *Vibrancy!* project construction. However, due to permitting delays, the closure has been postponed. While we do not have an exact new date for the permanent closure, we can assure you it will remain open through March 31. We hope to have additional information in the coming weeks and will provide an update at that time. Westminster Canterbury Richmond will continue to grow our partnership with Northside Family YMCA, which will be our alternate location for aquatic users upon permanent closure.

Please call the pool at 264-6539 for additional information regarding class schedules and pool hours.

Our current Wellness offerings and exercise classes will continue with social distancing and masking. It is required and very important to call and register due to limited capacity. In March we will add an additional Classic Cardio class. This is a 30-minute movement class that will challenge agility and stability while improving cardiovascular fitness through various formats. The class will be offered on Wednesdays and Fridays. Please call ext. 264-6539 to register. Additional information will be available in the next issue of *The Westminster Canterbury Tales*.

Logan Augustine

Pastoral Care

Join us for worship and Holy Communion on Thursday, February 24. at 10:30 a.m., with Rev. Steve Schlossberg from St. Matthew's Episcopal Church. Annette Sparks will play the piano. Residents are asked to wear masks in worship.

Join us for Evening Prayer, Monday-Friday, at 4:45-5 p.m. Worship will be held temporarily in the Sanctuary.

You are invited to attend a 12-week series on Mark's Gospel led by Rev. Hunter Hill, based on his book, *Buried Treasures*. This class is on Tuesday, starting next week, at 10:30 a.m. in the Jaqueline Room. There is still space, so contact Vanessa Perry at ext. 1502 if you are interested.

Lenten Journey booklets are available. These booklets are filled with thoughts and reflections by Westminster Canterbury residents and staff to help deepen our spiritual observance of Lent. They are distributed throughout Westminster Canterbury and to church communities in the Richmond area each year. These booklets have been distributed for 25 years.

For a new beginning, John O'Donohue

In out of the way places of the heart, where your thoughts never think to wander, this beginning has been quietly forming, waiting until you were ready to emerge.

For a long time it has watched your desire, feeling the emptiness growing inside you, noticing how you willed yourself on, still unable to leave what you had outgrown.

It watched you play with the seduction of safety and the gray promises that sameness whispered, heard the waves of turmoil rise and relent, wondered would you always live like this.

Then the delight, when your courage kindled, and out you stepped onto new ground, your eyes young again with energy and dream, a path of plenitude opening before you.

Though your destination is not yet clear, you can trust the promise of opening; unfurl yourself into the grace of beginning that is at one with your life's desire.

Awaken your spirit to adventure, hold nothing back, learn to find ease in risk, soon you will be home in a new rhythm, for your soul senses the world that awaits you.